



November 2023

Holy Guardian Angels
Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
	<p><i>Lunch Price</i></p> <ul style="list-style-type: none"> • Student Lunch: \$4.50 	<ul style="list-style-type: none"> • Grilled Cheese Sticks • Fresh Veggie Dippers 	<ul style="list-style-type: none"> • Beef Tacos • Black Bean and Corn Salad 	<ul style="list-style-type: none"> • Cheeseburger on a Bun • Bagged Snack
6	7	8	9	10
<ul style="list-style-type: none"> • Chicken Nuggets • Soft Pretzel Stick • Roasted Parmesan Broccoli 	<p><i>Breakfast for Lunch</i></p> <ul style="list-style-type: none"> • Emoji Waffles with Mixed Berry Compote • Breakfast Sausages • Hash Browns 	<ul style="list-style-type: none"> • Beef Taco Scoop-a-Bowl • Seasoned Refried Beans 	<p><i>New Recipe</i></p> <ul style="list-style-type: none"> • Rodeo Grilled Chicken On Pretzel Bun • Maple Cinnamon Carrots 	<p><i>Pizza Day</i></p> <ul style="list-style-type: none"> • Stuffed Crust Pizza • Freshly Prepared Cucumber and Tomato Salad
13	14	15	16	17
<p><i>HEATLESS Monday</i></p> <ul style="list-style-type: none"> • Mini Cheese Calzones • Marinara Sauce • Fresh Veggie Dippers 	<ul style="list-style-type: none"> • Chicken Nuggets • Soft Pretzel Stick • Mashed Potatoes • Steamed Corn 	<ul style="list-style-type: none"> • Pasta with Meat Sauce • Sautéed Spinach 	<p><i>Holiday Menu</i></p> <ul style="list-style-type: none"> • Roast Turkey with Gravy • Sweet Potatoes • Sautéed Green Beans • Harvest Cookie 	<p><i>Pizza Day</i></p> <ul style="list-style-type: none"> • Bella's Cheese Pizza • Three Bean Salad
20	21	22	23	24
<ul style="list-style-type: none"> • Chicken and Cheese Quesadilla • Fresh Pepper Dippers • Refried Seasoned Black Beans 	<ul style="list-style-type: none"> • Creamy Mac and Cheese • Herb Breadstick • Sautéed Broccoli 	<p><i>No School</i></p>	<p><i>Happy Thanksgiving</i></p>	<p><i>No School</i></p>
27	28	29	30	
<p><i>No School</i></p>	<ul style="list-style-type: none"> • Hamburger on a Bun or Cheeseburger on Bun • Sweet Potato Fries 	<ul style="list-style-type: none"> • Triple Turkey Tacos with Shredded Cheddar Cheese, Lettuce, Tomato & Salsa • Fiesta Rice & Beans 	<p><i>Breakfast for Lunch</i></p> <ul style="list-style-type: none"> • Buttermilk Pancakes with Mixed Berry Compote • Breakfast Sausages • Tater Tots 	

*Menu is Subject to Change

Lunch Served with Choice of: Fresh Fruit , Assorted Chilled Fruit , 100% Fruit Juice , Variety of Vegetables from our Harvest Market , 1% White Milk , Fat Free Chocolate Milk , Fat Free White Milk

Maschios Swap Outs Available Daily: All Natural Beef Hot Dog on a Bun , Crispy Chicken Sandwich , Maschio's House Salad , Peanut Butter and Jelly Sandwich

Maschio's
Food Services, Inc.
MASCHIO'S IS AN EQUAL OPPORTUNITY PROVIDER.

QUESTIONS OR COMMENTS?
Please call us at (973) 598-0005 to speak to one of Maschio's Registered Dietitian Nutritionists.

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Healthy meals grow
healthy kids!